



New park in Playa Honda (Lanzarote) promoting active lifestyles, featuring sports areas, robinia playground equipment, a skate park, and bicycle racks, enhancing the use of public space.

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**Lanzarote (Spain)**



New healthy living area in Jebel Ali Hills (Dubai), featuring sails that provide climate refuge for a modern, active residential community committed to well-being.

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**Dubai (UAE)**



In the town of San Juan, Puerto Rico, they promote physical activity and a healthy lifestyle by installing areas with fitness elements, providing notable benefits for cardiovascular health, muscle strength, and coordination.

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**Puerto Rico**



New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.

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**Torelló (Spain)**

New park in Playa Honda (Lanzarote) promoting active lifestyles, featuring sports areas, robinia playground equipment, a skate park, and bicycle racks, enhancing the use of public space.



In the town of Playa Honda, **on the island of Lanzarote**, a new park has been inaugurated next to the airport, designed to enhance the use of public space and promote outdoor living.

**The project integrates different areas designed for all ages.** It includes **fitness-oriented elements** that encourage active lifestyles, **as well as children's play areas with robinia wood structures** that blend naturally into the surroundings. In addition, the **park features a LETO modular play unit**, expanding recreational opportunities for younger users.

The intervention is completed with a large skate park area, creating a dynamic meeting point for young people and sports users.

**All areas are equipped with OMEGA bike racks**, facilitating sustainable access and promoting cycling.

A project that combines sport, play and urban design to create a versatile, accessible space adapted to the needs of the community.





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New healthy living area in Jebel Ali Hills (Dubai), featuring sails that provide climate refuge for a modern, active residential community committed to well-being.



**Abdominal**  
JSA015N



**Bars**  
JSA004N



**Bicycle**  
JSA018N



**Climber**  
JSA006N



**Extension**  
JSA002N



The project is located in Jebel Ali Hills, in the Saih Shuaib area of Dubai (United Arab Emirates). It is a growing residential development that includes large areas dedicated to community services, green spaces, and quality public areas, aiming to create a modern and functional community.

Within this environment, a new healthy living zone has been installed, equipped with extension machines, bars, climbers, an abdominal station, and a stationary bike, designed to promote outdoor physical activity and the overall well-being of residents. To cope with the high temperatures of the desert environment, the area includes tensioned sails that provide shade, comfort, and safety, turning the space into a true climate refuge. This intervention reinforces the commitment to sustainable, functional, and environment-adapted urban planning, positioning Jebel Ali Hills as an active, healthy, and connected community.





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|-----------------------------|---------------------------|-------------------------------|--------------------------|--------------------------|
| <b>Abdominal</b><br>JSA015N | <b>Bicycle</b><br>JSA018N | <b>Chest Press</b><br>JSA003N | <b>Hockey</b><br>JSA007N | <b>Rowing</b><br>JSA008N |
|                             |                           |                               |                          |                          |

Puerto Rico has taken a significant step towards promoting healthy lifestyles and improving the overall well-being of its population by installing circuits equipped with fitness and health elements. This initiative is not only transforming the urban landscape but also leaving a positive impact on cardiovascular health, muscular strength, and coordination for those participating in these activities.

Fitness elements designed to target different muscle groups are part of circuits aimed at strengthening the entire body comprehensively. This approach not only helps prevent injuries but also enhances overall physical endurance. As a result, individuals can enjoy a more active and functional life, benefiting not only in terms of health but also in their ability to engage in various physical activities with greater ease.

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New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.



**Bicycle**  
JSA018N



**Climber**  
JSA006N



**Rudder**  
JSA009N



**Waist**  
JSA001N

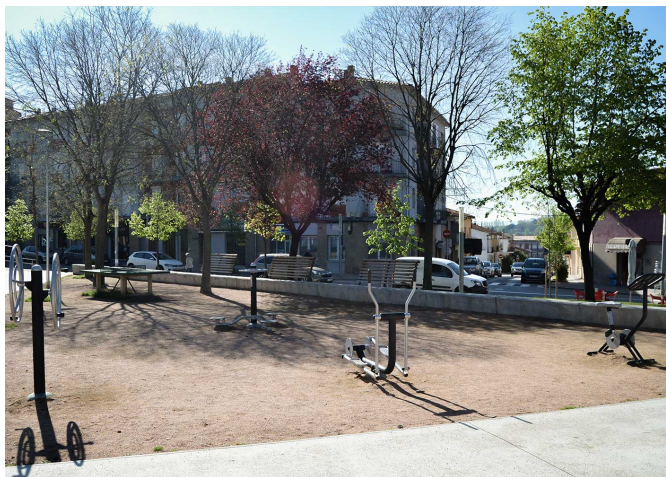


The city council of Torelló has installed a new fitness area, an initiative that addresses a direct request from the inhabitants. The area includes a total of four elements aimed at doing gymnastic exercises. They are located in a rest area, where cleaning and refurbishment works have also been carried out.

Furthermore, these past years, the city council has promoted the installation of [fitness areas](#) in the municipality to foster exercising habits among the elder and adults.

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