



New healthy living area in Jebel Ali Hills (Dubai), featuring sails that provide climate refuge for a modern, active residential community committed to well-being.

Dubai (UAE)



New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.

Torelló (Spain)



BENITO has installed a healthy area in Morocco with the aim of promoting exercise and a healthy lifestyle.

Morocco

New healthy living area in Jebel Ali Hills (Dubai), featuring sails that provide climate refuge for a modern, active residential community committed to well-being.



Abdominal
JSA015N



Bars
JSA004N



Bicycle
JSA018N



Climber
JSA006N



Extension
JSA002N



The project is located in Jebel Ali Hills, in the Saih Shuaib area of Dubai (United Arab Emirates). It is a growing residential development that includes large areas dedicated to community services, green spaces, and quality public areas, aiming to create a modern and functional community.

Within this environment, a new healthy living zone has been installed, equipped with extension machines, bars, climbers, an abdominal station, and a stationary bike, designed to promote outdoor physical activity and the overall well-being of residents. To cope with the high temperatures of the desert environment, the area includes tensioned sails that provide shade, comfort, and safety, turning the space into a true climate refuge. This intervention reinforces the commitment to sustainable, functional, and environment-adapted urban planning, positioning Jebel Ali Hills as an active, healthy, and connected community.



New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.



Bicycle
JSA018N



Climber
JSA006N



Rudder
JSA009N



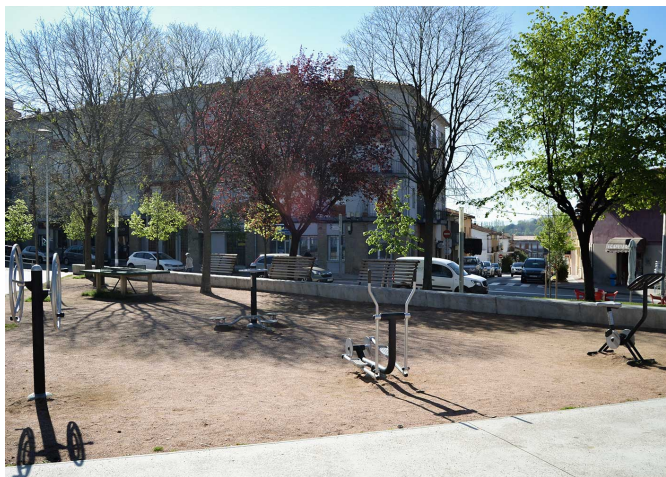
Waist
JSA001N



The city council of Torelló has installed a new fitness area, an initiative that addresses a direct request from the inhabitants. The area includes a total of four elements aimed at doing gymnastic exercises. They are located in a rest area, where cleaning and refurbishment works have also been carried out.

Furthermore, these past years, the city council has promoted the installation of [fitness areas](#) in the municipality to foster exercising habits among the elder and adults.

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Abdominal
JSA015N



Bars
JSA004N



Climber
JSA006N



Hockey
JSA007N



Pull Down
JSA010N



Rowing
JSA008N



Wheels
JSA005N



Morocco has installed a **healthy circuit** to promote physical activity at a social level.

These past years, sports practice has increased and, as a result, more and more city councils have equipped cities, thus making sports accessible to everyone.

Among the main advantages of this kind of equipment, we find:

- Offering free sports practice
- Developing articular mobility, flexibility and motor coordination
- Improving strength and muscular resistance
- Avoiding sedentarism
- Maintaining or improving the users' autonomy and quality of life

