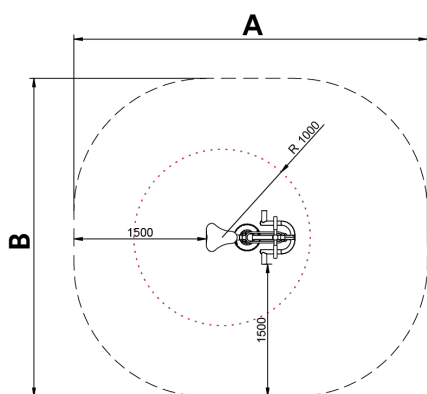




The **healthy elements manufactured by BENITO** enable people to exercise in both public and private spaces, increasing their well-being and quality of life while boosting health and social relations.

- **Health functions:** improving cardiovascular and respiratory functions, strengthening muscles and enhancing agility, flexibility and coordination of movements.

- **Social functions:** creating leisure activities, promoting social integration and a more intensive recreational use of public spaces.



A=4010mm

B=3606mm



12.50m²

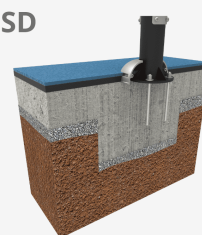


0.85m

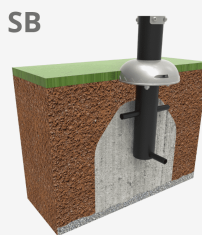


1

SD



SB



Materials:

Benefits: build up leg and chest muscles, improve limb movement, and enhance cardiopulmonary capacity.

Use instructions: sit on the rider, grasp the handles with both hands and push forward.

Structure, Metal: S235 galvanised and powder-coated steel tube. $\varnothing 114\text{mm} \times 3\text{mm}$ thick. Moving parts: $\varnothing 60\text{mm} / \varnothing 48\text{mm} \times 2\text{mm}$ thick. Connecting tubes: $\varnothing 38\text{mm} / \varnothing 32\text{mm} \times 2\text{mm}$ thick. Paint: 1 coat of powder paint consisting of a mixture of polyester resins, hardeners and pigments, free of lead and with high resistance to bad weather conditions. Colour combination: matte black and metallic grey RAL 9006.

Fixings: AISI 304 stainless steel screws.

Handles: thermoplastic rubber.

Seats / Covers: 6-10mm thick rotomoulded HDPE.

Pedals / Plugs: PP

- None of the materials requires a specific treatment for its disposal.
- If the product is subject to severe use, maintenance should be increased.
- Don't use the product before the installation/maintenance is ready.
- Please check the maintenance instructions.

Biggest part (mm): 2670x500x3300 / Heaviest part (kg): 45

IMPACT ZONE: security area and ground coverings according to the EN1176-1:2017 standard.

Spare parts availability: 10 years.

Ground anchoring screws not included.

Playful features:



Alternatives:





BENITO
BENITO -Urban -Light -Play -Covers

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Rowing
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REMO | RAMEUR | ROWING

CONFORME A LAS EXIGENCIAS DE SEGURIDAD EN16630
Beneficios:
Fortalece la musculatura de piernas y pectoral, permitiendo un completo movimiento de las extremidades.
Mejora la capacidad cardio-pulmonar.

CONFORME AUX EXIGENCES DE SECURITE EN16630
Avantages:
Renforce la musculature des jambes et des pectoraux en permettant un mouvement complet des extrémités.
Améliore la capacité cardio-pulmonaire.

ACCORDING TO SAFETY REQUIREMENTS EN16630
Benefits:
Builds up leg and chest muscles, improves limb movement, and enhances cardio pulmonary capacity.

Instrucciones de uso:
Colóquese sobre el asiento, agarre las asas con ambas manos y empuje los pedales hacia delante.

Instructions d'utilisation:
Placez-vous sur le siège, tenez les poignées à deux main et poussez sur les pédales vers l'avant.

Use instructions:
Sit on the rider, hold handles with both hands and push forward.

LOW level	MEDIUM level	HIGH level
3 SERIES 3 SERIES 3 SERIES	3 SERIES 3 SERIES 3 SERIES	3 SERIES 3 SERIES 3 SERIES
6 rep.	10 rep.	15 rep.

1 MINUTO DE PAUSA | 1 MINUTE DE PAUSE | 1 MINUTE PAUSE

1 2 3 4 5 6 7 8 9 10 11 12 13 14

The constant improvement and evolution of our products may result in some modifications of the technical specifications and characteristics of the products without prior notice.