BENITO

Benito worldwide

Some of the projects we have done

In the town of San Juan, Puerto Rico, they promote physical activity and a healthy lifestyle by installing areas with fitness elements, providing notable benefits for cardiovascular health, muscle strength, and coordination.

Puerto Rico

BENITO has installed two playgrounds and two exercise areas in the first park in the world with air-conditioned pedestrian tracks in Qatar.

Al Gharrafa (Qatar)

BENITO has installed a healthy area in Morocco with the aim of promoting exercise and a healthy lifestyle.

Morocco

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BENITO
–Playground Equipment

Puerto Rico

In the town of San Juan, Puerto Rico, they promote physical activity and a healthy lifestyle by installing areas with fitness elements, providing notable benefits for cardiovascular health, muscle strength, and coordination.

Abdominal
JSA015N

Bicycle
JSA018N

Chest Press
JSA003N

Hockey
JSA007N

Rowing
JSA008N

Puerto Rico has taken a significant step towards promoting healthy lifestyles and improving the overall well-being of its population by installing circuits equipped with fitness and health elements. This initiative is not only transforming the urban landscape but also leaving a positive impact on cardiovascular health, muscular strength, and coordination for those participating in these activities.

Fitness elements designed to target different muscle groups are part of circuits aimed at strengthening the entire body comprehensively. This approach not only helps prevent injuries but also enhances overall physical endurance. As a result, individuals can enjoy a more active and functional life, benefiting not only in terms of health but also in their ability to engage in various physical activities with greater ease.

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BENITO has installed two playgrounds and two exercise areas in the first park in the world with air-conditioned pedestrian tracks in Qatar.

Al Gharrafa Park is located in an area f abot 50,000 m2, which makes it a good place for visistors, residents and tourists; especially this year that Qatar is hosting the FIFA World Cup in November.
It stands out for being the **first park in the world with air conditioning**, designed for recreational activities such as walking, exercising and cycling, becoming one of the first parks with such technology and with environmental awareness as it is operated by solar panels.
The Qatari Administration aims at promoting sports and healthy living as well as providing democratic and inclusive games for all children and communities living in the city.

Pedestrian tracks with A/C which allow visitors to walk during hot summer days.
As it is a family park, we can find:
1-**Two fitness areas** equipped with gym elements (Fitness Station Area 1 and Fitness Station Area 2)
2-**Two playground areas** divided according to age groups from 2 to 5 and from 6 to 12 years old.
Gyms are equipped with fitness equipment that people can use to keep fit. Playground areas are segregated accordifng to age groups and are designed for children up to 12 years old. Children with special needs are also considered in the design of the playground areas.

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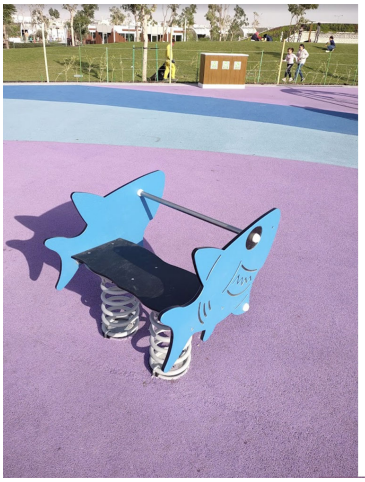

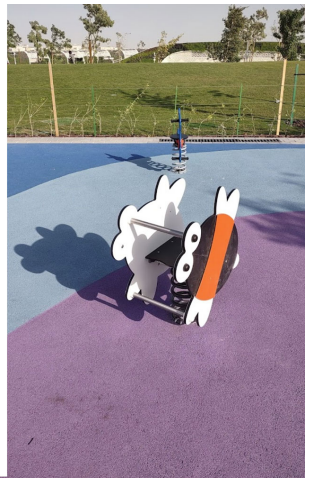

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BENITO
–Playground Equipment

Morocco

BENITO has installed a healthy area in Morocco with the aim of promoting exercise and a healthy lifestyle.

Abdominal
JSA015N

Bars
JSA004N

Climber
JSA006N

Hockey
JSA007N

Pull Down
JSA010N

Rowing
JSA008N

Wheels
JSA005N

Morocco has installed a **healthy circuit** to promote physical activity at a social level.

These past years, sports practice has increased and, as a result, more and more city councils have equipped cities, thus making sports accessible to everyone.

Among the main advantages of this kind of equipment, we find:

- Offering free sports practice

- Developing articular mobility, flexibility and motor coordination

- Improving strength and muscular resistance

- Avoiding sedentarism

- Maintaining or improving the users' autonomy and quality of life

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