



New healthy living area in Jebel Ali Hills (Dubai), featuring sails that provide climate refuge for a modern, active residential community committed to well-being.

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**Dubai (UAE)**



New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.

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**Torelló (Spain)**



BENITO has installed a healthy area in Morocco with the aim of promoting exercise and a healthy lifestyle.

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**Morocco**

New healthy living area in Jebel Ali Hills (Dubai), featuring sails that provide climate refuge for a modern, active residential community committed to well-being.



**Abdominal**  
JSA015N



**Bars**  
JSA004N



**Bicycle**  
JSA018N



**Climber**  
JSA006N



**Extension**  
JSA002N



The project is located in Jebel Ali Hills, in the Saih Shuaib area of Dubai (United Arab Emirates). It is a growing residential development that includes large areas dedicated to community services, green spaces, and quality public areas, aiming to create a modern and functional community.

Within this environment, a new healthy living zone has been installed, equipped with extension machines, bars, climbers, an abdominal station, and a stationary bike, designed to promote outdoor physical activity and the overall well-being of residents. To cope with the high temperatures of the desert environment, the area includes tensioned sails that provide shade, comfort, and safety, turning the space into a true climate refuge. This intervention reinforces the commitment to sustainable, functional, and environment-adapted urban planning, positioning Jebel Ali Hills as an active, healthy, and connected community.



**BENITO**

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New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.



**Bicycle**  
JSA018N



**Climber**  
JSA006N



**Rudder**  
JSA009N



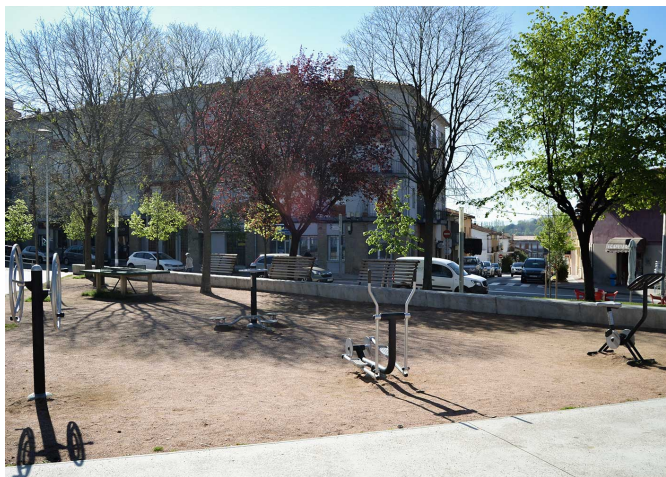
**Waist**  
JSA001N



The city council of Torelló has installed a new fitness area, an initiative that addresses a direct request from the inhabitants. The area includes a total of four elements aimed at doing gymnastic exercises. They are located in a rest area, where cleaning and refurbishment works have also been carried out.

Furthermore, these past years, the city council has promoted the installation of [fitness areas](#) in the municipality to foster exercising habits among the elder and adults.

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**Abdominal**  
JSA015N



**Bars**  
JSA004N



**Climber**  
JSA006N



**Hockey**  
JSA007N



**Pull Down**  
JSA010N



**Rowing**  
JSA008N



**Wheels**  
JSA005N



Morocco has installed a **healthy circuit** to promote physical activity at a social level.

These past years, sports practice has increased and, as a result, more and more city councils have equipped cities, thus making sports accessible to everyone.

Among the main advantages of this kind of equipment, we find:

- Offering free sports practice
- Developing articular mobility, flexibility and motor coordination
- Improving strength and muscular resistance
- Avoiding sedentarism
- Maintaining or improving the users' autonomy and quality of life

