

# BENITO

-Playground Equipment



## Project

PROJ-023-2018

Surface: 80 m<sup>2</sup>

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Product	Description
<p>JSA001N</p> 	<p><b>Waist</b>  <b>BENITO's healthy elements</b> allow older people and adults to practice sports in both public and private spaces, allowing people to increase their well-being and quality of life, promoting health and social relationships.</p> <ul style="list-style-type: none"> <li>- <b>Health functions</b> , cardiovascular and respiratory improvement, muscle strengthening, agility, flexibility and coordination of movements.</li> <li>- <b>Social functions</b> , creation of leisure activities, promoting social integration, and greater recreational use of public spaces.</li> </ul> <p><a href="#">Data Sheet</a> <a href="#">Certificate</a></p>
<p>JSA004N</p> 	<p><b>Bars</b>  The <b>healthy elements manufactured by BENITO</b> enable people to exercise in both public and private spaces, increasing their well-being and quality of life while boosting health and social relations.</p> <ul style="list-style-type: none"> <li>- <b>Health functions:</b> improving cardiovascular and respiratory functions, strengthening muscles and enhancing agility, flexibility and coordination of movements.</li> <li>- <b>Social functions:</b> creating leisure activities, promoting social integration and a more intensive recreational use of public spaces.</li> </ul> <p><a href="#">Data Sheet</a> <a href="#">Certificate</a></p>
<p>JSA002N</p> 	<p><b>Extension</b>  The <b>healthy elements manufactured by BENITO</b> enable people to exercise in both public and private spaces, increasing their well-being and quality of life while boosting health and social relations.</p> <ul style="list-style-type: none"> <li>- <b>Health functions:</b> improving cardiovascular and respiratory functions, strengthening muscles and enhancing agility, flexibility and coordination of movements.</li> <li>- <b>Social functions:</b> creating leisure activities, promoting social integration and a more intensive recreational use of public spaces.</li> </ul> <p><a href="#">Data Sheet</a> <a href="#">Certificate</a></p>
<p>JSA008N</p> 	<p><b>Rowing</b>  The <b>healthy elements manufactured by BENITO</b> enable people to exercise in both public and private spaces, increasing their well-being and quality of life while boosting health and social relations.</p> <ul style="list-style-type: none"> <li>- <b>Health functions:</b> improving cardiovascular and respiratory functions, strengthening muscles and enhancing agility, flexibility and coordination of movements.</li> <li>- <b>Social functions:</b> creating leisure activities, promoting social integration and a more intensive recreational use of public spaces.</li> </ul> <p><a href="#">Data Sheet</a> <a href="#">Certificate</a></p>
<p>JSA007N</p> 	<p><b>Hockey</b>  <b>BENITO's healthy elements</b> allow older people and adults to practice sports in both public and private spaces, allowing people to increase their well-being and quality of life, promoting health and social relationships.</p> <ul style="list-style-type: none"> <li>- <b>Health functions</b> , cardiovascular and respiratory improvement, muscle strengthening, agility, flexibility and coordination of movements.</li> <li>- <b>Social functions</b> , creation of leisure activities, promoting social integration, and greater recreational use of public spaces.</li> </ul> <p><a href="#">Data Sheet</a> <a href="#">Certificate</a></p>