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Dubai (UAE)



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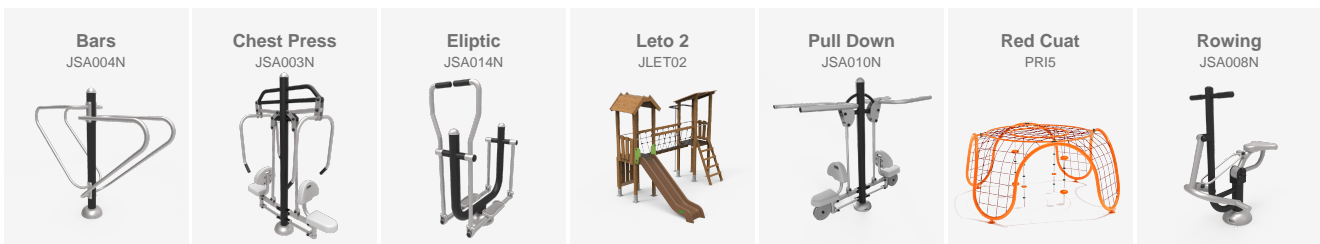
Al Garrafa (Qatar)



BENITO has installed a healthy area in Morocco with the aim of promoting exercise and a healthy lifestyle.

Morocco

In Dubai (UAE), initiatives promoting a healthy outdoor lifestyle with fitness equipment, playgrounds, and sun protection in public spaces are being implemented.



In Dubai (United Arab Emirates), various initiatives have been launched to promote an active and healthy outdoor lifestyle. **A wide range of sports equipment has been introduced in public spaces**, including elliptical machines, chest presses, exercise bars, rowing machines, pulleys, and more. These areas are designed for outdoor sports and physical exercise. In order to protect users from the scorching heat that characterizes the summer months in Dubai, these spaces have been covered with **geovelas** provided by Benito Urban. These structures not only provide shade and protection against intense solar radiation, but also contribute to creating more comfortable and attractive outdoor environments for physical activity and general well-being. In addition to these facilities for adults, a playground has also been opened as part of the **LETO collection**, accompanied by the impressive **RED CUAT structure**, spanning over 50 square meters. Furthermore, this playground is equipped with swings, seesaws, and other games for the entertainment of younger children. Like in the adult areas, geovelas are also present in the playground to protect children from the heat while they enjoy their outdoor activities.

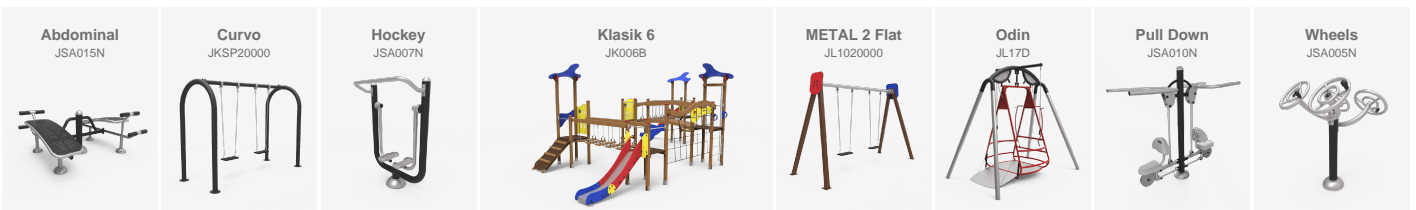
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BENITO

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Al Gharrafa Park is located in an area of about 50,000 m², which makes it a good place for visitors, residents and tourists; especially this year that Qatar is hosting the FIFA World Cup in November.

It stands out for being the **first park in the world with air conditioning**, designed for recreational activities such as walking, exercising and cycling, becoming one of the first parks with such technology and with environmental awareness as it is operated by solar panels.

The Qatari Administration aims at promoting sports and healthy living as well as providing democratic and inclusive games for all children and communities living in the city.

Pedestrian tracks with A/C which allow visitors to walk during hot summer days.

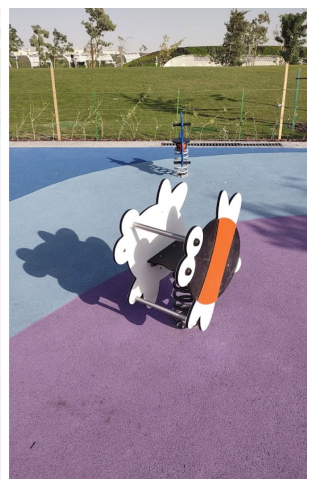
As it is a family park, we can find:

1-**Two fitness areas** equipped with gym elements (Fitness Station Area 1 and Fitness Station Area 2)

2-**Two playground areas** divided according to age groups from 2 to 5 and from 6 to 12 years old.

Gyms are equipped with fitness equipment that people can use to keep fit. Playground areas are segregated according to age groups and are designed for children up to 12 years old. Children with special needs are also considered in the design of the playground areas.

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Abdominal
JSA015N



Bars
JSA004N



Climber
JSA006N



Hockey
JSA007N



Pull Down
JSA010N



Rowing
JSA008N



Wheels
JSA005N



Morocco has installed a **healthy circuit** to promote physical activity at a social level.

These past years, sports practice has increased and, as a result, more and more city councils have equipped cities, thus making sports accessible to everyone.

Among the main advantages of this kind of equipment, we find:

- Offering free sports practice
- Developing articular mobility, flexibility and motor coordination
- Improving strength and muscular resistance
- Avoiding sedentarism
- Maintaining or improving the users' autonomy and quality of life



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