



A complete playground with a set of recreational equipment, healthy elements, adapted flooring and EcoCitizen benches in Ostia, Italy

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Italia



New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.

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Torelló (Spain)

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In the city of Ostia, near Rome, in Italy, spaces for recreational equipment and healthy elements have been created in the same area. The project featuring adapted and accessible Alu equipment and flooring is complemented with Citizen Eco benches.

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**BENITO**

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New fitness area aimed at promoting the practice of sports among the elder and adults so that they can enjoy and exercise in public outdoor spaces.



**Bicycle**  
JSA018N



**Climber**  
JSA006N



**Rudder**  
JSA009N



**Waist**  
JSA001N



The city council of Torelló has installed a new fitness area, an initiative that addresses a direct request from the inhabitants. The area includes a total of four elements aimed at doing gymnastic exercises. They are located in a rest area, where cleaning and refurbishment works have also been carried out.

Furthermore, these past years, the city council has promoted the installation of [fitness areas](#) in the municipality to foster exercising habits among the elder and adults.

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