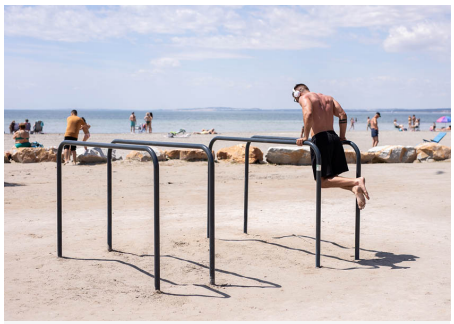
BENITO

# Benito worldwide

Some of the projects we have done



New Street Workout space facing the sea in Santa Pola (Alicante), with equipment for calisthenics, functional training and outdoor physical activity.

**Santa Pola**



Gironella has a new calisthenics park of 200 square meters with a wide variety of exercise equipment, such as parallel bars, rings, pull-up bars, and a wall bar.

**Barcelona**

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BENITO
–Playground Equipment

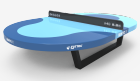
# Santa Pola

New Street Workout space facing the sea in Santa Pola (Alicante), with equipment for calisthenics, functional training and outdoor physical activity.





**Abdominal P**
JSW06



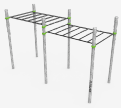
**Futtoc**
VMFUT



**Mixto A**
JSW16



**Mixto C**
JSW18



**Monkey Bars x2**
JSW04



**Parallel Bars x2**
JSW02



**Pommel Horse**
JSW09



**Snake**
JSW05



**Wall Bars**
JSW01

**Need / Problem:** The waterfront required an outdoor sports space that would encourage physical activity, well-being and active use of public space.
**Solution:** Installation of a complete Street Workout circuit with elements for calisthenics and functional training.
**Result:** An open, accessible sports area, connected to the coastal landscape, is created, designed for users of different levels.
In Santa Pola (Alicante), BENITO URBAN has installed a new **Street Workout** area facing the Beach , transforming the seaside environment into a meeting point for sport, health, and active living.
The program incorporates various elements of calisthenics and urban training, such as **wall bars** , **parallel bars** , **monkey bars** , **a snake machine** , an **abdominal** bench , **a double vaulting horse** , and mixed structures, creating a versatile circuit for working on strength, balance, coordination, and endurance.
The equipment allows for functional exercises adapted to different levels, from beginners to regular athletes, promoting an inclusive and dynamic use of the space.
The facility is completed with complementary equipment such as the **Table Futtoc** , expanding the possibilities for play and activity in the environment.
A project that transforms the public space by the sea into an active, healthy and accessible place for residents, visitors and athletes.

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# Barcelona

Gironella has a new calisthenics park of 200 square meters with a wide variety of exercise equipment, such as parallel bars, rings, pull-up bars, and a wall bar.



**Mixto B**
JSW17



**Mixto C**
JSW18



**Pommel Horse**
JSW09



The park is located in the sports area of Gironella, next to the football field and the municipal swimming pool, making it an ideal place for outdoor exercise and improving physical fitness. Calisthenics exercises involve using one's own body weight to develop strength and muscular endurance. This type of training is highly effective and requires no special equipment, making it accessible for anyone and can be done anywhere.

The new calisthenics park in Gironella features a variety of exercise equipment, including parallel bars, rings, pull-up bars, and a wall bar. These pieces of equipment are particularly beneficial for functional workouts, engaging different muscle groups using body weight. Additionally, they promote flexibility and enhance coordination and balance.

The calisthenics park in Gironella is a free and open space for the public, allowing anyone to use it. It's an ideal place for exercise, relaxation, and enjoying the outdoors.

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