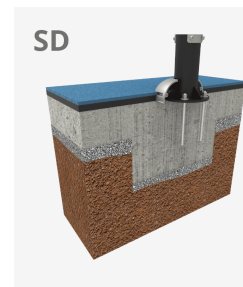


BENITO's healthy elements allow older people and adults to practice sports in both public and private spaces, allowing people to increase their well-being and quality of life, promoting health and social relationships.

- **Health functions**, cardiovascular and respiratory improvement, muscle strengthening, agility, flexibility and coordination of movements.
- **Social functions**, creation of leisure activities, promoting social integration, and greater recreational use of public spaces.

A x B			
A=186.61"	170.07 ft ²	20.08"	2
B=146.46"			



Materials:

Benefits : Strengthens and also develops the muscles of the upper limbs, pectorals, deltoids and biceps.

Instructions for use: Sit on the seat with your back against the backrest and grab the handles with both hands, pushing them slowly and returning to the initial position with a slow resistance movement.

Structure, Metal: Galvanized and oven-painted S235 steel tube. Its dimensions are $\varnothing 114\text{mm} \times 2.5\text{mm}$ thick. Moving parts and connecting tubes: $\varnothing 60\text{mm} / \varnothing 48\text{mm} \times 2\text{mm}$ thick. $\varnothing 38\text{mm} / \varnothing 32\text{mm} \times 2\text{mm}$ thick. Paint: 1 coat of powder coating made from a mixture of polyester resins, hardeners and pigments, lead-free and highly resistant to weathering. Color combination: Matt black and metallic grey RAL9006

AISI304 stainless steel screws

Handles : Thermoplastic rubber

Seats/Trims: Rotomolded HDPE with a thickness of 6-10mm.

Pedals/Pegs: PP

- None of the materials require special treatment for disposal.
- If the equipment is subject to severe use, the maintenance schedule should be increased.
- Do not use the product before completing installation/maintenance.
- See maintenance instructions.

Largest piece (mm): 1740x734x2255 / Heaviest piece (kg): 94.5

IMPACT ZONE: Required safety surface. Floor covering according to EN16630:2015 is recommended.

Spare parts availability: 10 years

Ground anchoring screws not included.

Playful features:



Alternatives:



Projects:



V. 2025-02-26 | The constant improvement and evolution of our products may result in some modifications of the technical specifications and characteristics of the products without prior notice.