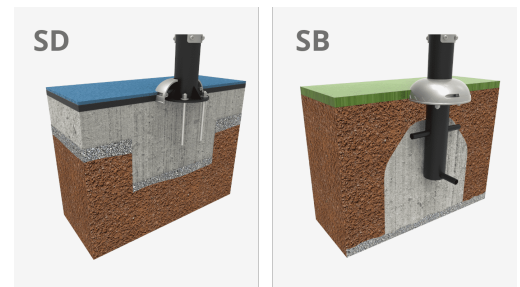


**BENITO's healthy elements** allow older people and adults to practice sports in both public and private spaces, allowing people to increase their well-being and quality of life, promoting health and social relationships.

- **Health functions** , cardiovascular and respiratory improvement, muscle strengthening, agility, flexibility and coordination of movements.
- **Social functions** , creation of leisure activities, promoting social integration, and greater recreational use of public spaces.

A x B			
A=157.87"	135.63 ft <sup>2</sup>	27.56"	1
B=142.13"			



## Materials:

**Benefits :** Improves mobility of the lower limbs, providing coordination and balance to the body, increases cardiopulmonary capacity.

**Instructions for use:** Grab the handle and stand on the pedals, adjust your centre of gravity and perform a walking motion, moving the pedals back and forth. Hold the handle firmly to avoid accidents.

**Structure, Metal:** Galvanized and oven-painted S235 steel tube. Its dimensions are  $\varnothing 114\text{mm} \times 2.5\text{mm}$  thick. Moving parts and connecting tubes:  $\varnothing 60\text{mm} / \varnothing 48\text{mm} \times 2\text{mm}$  thick.  $\varnothing 38\text{mm} / \varnothing 32\text{mm} \times 2\text{mm}$  thick. Paint: 1 coat of powder coating made from a mixture of polyester resins, hardeners and pigments, lead-free and highly resistant to weathering. Color combination: Matt black and metallic grey RAL9006

AISI304 stainless steel screws

**Handles :** Thermoplastic rubber

**Seats/Trims:** Rotomolded HDPE with a thickness of 6-10mm.

**Pedals/Pegs:** PP

- None of the materials require special treatment for disposal.
- If the equipment is subject to severe use, the maintenance schedule should be increased.
- Do not use the product before completing installation/maintenance.
- See maintenance instructions.

Largest piece (mm): 1000x520x1440 / Heaviest piece (kg): 46.5

**IMPACT ZONE:** Required safety surface. Floor covering according to EN16630:2015 is recommended.

Spare parts availability: 10 years

Ground anchoring screws not included.

## Playful features:



## Alternatives:





**BENITO**  
BENITO-Urban-Light-Play-Covers

Lleida 10  
08500 Vic Barcelona Spain  
T +34 938 521 000  
info@benito.com  
www.benito.com

**Hockey**  
JSA007N

**+14**

HOCKEY | HOCKEY | HOCKEY

**CONFORME A LAS EXIGENCIAS DE SEGURIDAD EN16630**

**Beneficios:**  
Mejora la movilidad de los miembros inferiores, aportando coordinación y equilibrio al cuerpo, aumenta la capacidad cardiopulmonar.

**Instrucciones de uso:**  
Agarre el asa y colóquese sobre los pedales, ajuste su centro de gravedad y realice movimiento de andar, desplazando los pedales hacia delante y hacia atrás.  
Agarre el asa con fuerza para evitar accidentes.

**CONFORME AUX EXIGENCES DE SÉCURITÉ EN16630**

**Avantage**  
Améliore la mobilité des membres inférieurs en apportant coordination et équilibre au corps, augmente la capacité cardio-pulmonaire.

**Instructions d'utilisation:**  
Tenez la poignée et placez vous sur les pédales, ajustez votre centre de gravité et faites comme si vous marchiez en déplaçant les pédales vers l'avant puis vers l'arrière.  
Tenez la poignée avec force pour éviter les accidents.

**ACCORDING TO SAFETY REQUIREMENTS EN16630**

**Benefits:**  
Increases mobility of lower limbs, and improves body coordination, balance and aerobic capability.

**Use instructions:**  
Take hold of the handle and stand on the pedal. Adjust the barycentre of your body, and then walk back and forth. You should get a good grip on the handle when using the equipment in order to avoid accidents.

LOW level	MEDIUM level	HIGH level
3 SERIES   3 SÉRIE   3 SERIES	3 SERIES   3 SÉRIE   3 SERIES	3 SERIES   3 SÉRIE   3 SERIES
1 min	2 min	3 min

1 MINUTO DE PAUSA | 1 MINUTE DE PAUSE | 1 MINUTE PAUSE

1 2 3 4 5 6 7 8 9 10 11 12 13 14

Projects:

