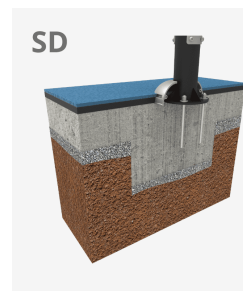


The **healthy elements manufactured by BENITO** enable people to exercise in both public and private spaces, increasing their well-being and quality of life while boosting health and social relations.

- **Health functions:** improving cardiovascular and respiratory functions, strengthening muscles and enhancing agility, flexibility and coordination of movements.
- **Social functions:** creating leisure activities, promoting social integration and a more intensive recreational use of public spaces.

A x B			
A=152.76"	131.32 ft ²	-m	2
B=143.70"			



Materials:

Benefits: build up upper limb muscles and enhance the flexibility and agility of shoulder and wrist joint .

Use instructions: grasp the handle of the rotating wheel with both hands and turn them clockwise or counterclockwise.

Structure, Metal: S235 galvanised and powder-coated steel tube. $\varnothing 114\text{mm} \times 3\text{mm}$ thick. Moving parts: $\varnothing 60\text{mm} / \varnothing 48\text{mm} \times 2\text{mm}$ thick. Connecting tubes: $\varnothing 38\text{mm} / \varnothing 32\text{mm} \times 2\text{mm}$ thick. Paint: 1 coat of powder paint consisting of a mixture of polyester resins, hardeners and pigments, free of lead and with high resistance to bad weather conditions. Colour combination: matte black and metallic grey RAL 9006.

Fixings: AISI 304 stainless steel screws.

Handles: thermoplastic rubber.

Seats / Covers: 6-10mm thick rotomoulded HDPE.

Pedals / Plugs: PP

- None of the materials requires a specific treatment for its disposal.
- If the product is subject to severe use, maintenance should be increased.
- Don't use the product before the installation/maintenance is ready.
- Please check the maintenance instructions.

Biggest part (mm): 2670x500x3300 / Heaviest part (kg): 45

IMPACT ZONE: security area and ground coverings according to the EN1176-1:2017 standard.

Spare parts availability: 10 years.

Ground anchoring screws not included.

Playful features:



Alternatives:



JSA015N



JSA004N



JSA018N



JSA003N



JSA014N



JSA002N



JSA007N



JSA010N



JSA008N



JSA011N



JSA001N



JSA005N



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TIMÓN | GOUVERNAIL | RUDDER

CONFORME A LAS EXIGENCIAS DE SEGURIDAD EN16630

Beneficios:
Refuerza la musculatura de miembros superiores así como la flexibilidad y agilidad de las articulaciones del hombro y muñeca.

Instrucciones de uso:
Agarre el asa del volante con ambas manos y gire simultáneamente en el sentido de las agujas del reloj o en sentido contrario.

CONFORME AUX EXIGENCES DE SÉCURITÉ EN16630

Avantages:
Renforce la musculature des membres supérieurs ainsi que la souplesse et l'agilité des articulations de l'épaule et du poignet.

Instructions d'utilisation:
Tenez les poignées du volant à deux mains et tournez simultanément dans le sens des aiguilles d'une montre puis dans le sens contraire.

ACCORDING TO SAFETY REQUIREMENTS EN16630

Benefits:
Builds up upper limbs muscles and enhances the flexibility and agility of shoulder joint wrist.

Use instructions:
Take hold of the handgrip of rotating wheel with both hands and roll simultaneously clockwise or counter-clockwise. Suitable for young people.

LOW <small>level</small>	MEDIUM <small>level</small>	HIGH <small>level</small>
3 SERIES 3 SÉRIE 3 SERIES	3 SERIES 3 SÉRIE 3 SERIES	3 SERIES 3 SÉRIE 3 SERIES
1 min	2 min	3 min
1 MINUTO DE PAUSA 1 MINUTE DE PAUSE 1 MINUTE PAUSE		

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14

Projects:

