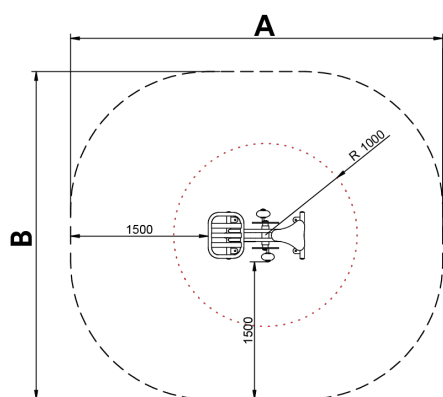




BENITO's healthy elements allow older people and adults to practice sports in both public and private spaces, allowing people to increase their well-being and quality of life, promoting health and social relationships.

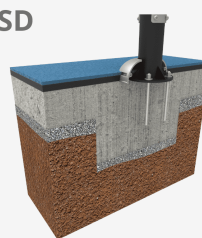
- **Health functions** , cardiovascular and respiratory improvement, muscle strengthening, agility, flexibility and coordination of movements.
- **Social functions** , creation of leisure activities, promoting social integration, and greater recreational use of public spaces.



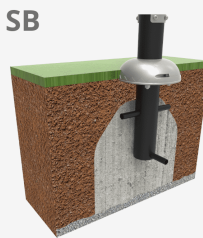
A=159.84" 133.47 ft² 28.35" 1

B=140.94"

SD



SB



Materials:

Benefits : Strengthens the leg and chest muscles, allowing full movement of the extremities, improving cardiopulmonary capacity.

Instructions for use: Sit on the seat, grab the handles with both hands and push the pedals forward.

Structure, Metal: Galvanized and oven-painted S235 steel tube. Its dimensions are $\varnothing 114\text{mm} \times 2.5\text{mm}$ thick. Moving parts and connecting tubes: $\varnothing 60\text{mm} / \varnothing 48\text{mm} \times 2\text{mm}$ thick. $\varnothing 38\text{mm} / \varnothing 32\text{mm} \times 2\text{mm}$ thick. Paint: 1 coat of powder coating made from a mixture of polyester resins, hardeners and pigments, lead-free and highly resistant to weathering. Color combination: Matt black and metallic grey RAL9006

AISI304 stainless steel screws

Handles : Thermoplastic rubber

Seats/Trims: Rotomolded HDPE with a thickness of 6-10mm.

Pedals/Pegs: PP

- None of the materials require special treatment for disposal.
- If the equipment is subject to severe use, the maintenance schedule should be increased.
- Do not use the product before completing installation/maintenance.
- See maintenance instructions.

Largest piece (mm): 1050x522x1138 / Heaviest piece (kg): 40

IMPACT ZONE: Required safety surface. Floor covering according to EN16630:2015 is recommended.

Spare parts availability: 10 years

Ground anchoring screws not included.

Playful features:



Alternatives:

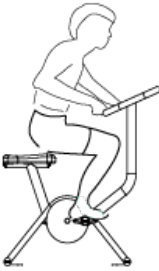




BENITO
BENITO—Urban—Light—Play—Covers

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BICICLETA | VELO | BICYCLE



CONFORME A LAS EXIGENCIAS DE SEGURIDAD EN16630

Beneficios:
Fortalece la musculatura de piernas y pectoral, permitiendo un completo movimiento de las extremidades, mejora la capacidad cardiopulmonar.

Instrucciones de uso:
Colóquese sobre el asiento, agarre las asas con ambas manos y empuje los pedales hacia delante.

CONFORME AUX EXIGENCES DE SÉCURITÉ EN16630

Avantages:
Renforce la musculature des jambes et des pectoraux en permettant un mouvement complet des extrémités, améliore la capacité cardio-pulmonaire.

Instructions d'utilisation:
Placez-vous sur le siège, tenez les poignées à deux main et poussez sur les pédales vers l'avant.

ACCORDING TO SAFETY REQUIREMENTS EN16630

Benefits:
Builds up leg and chest muscles, improves limb movement, and enhances cardio pulmonary capacity.

Use instructions:
Sit on the rider, hold handles with both hands and push forward.

LOW level	MEDIUM level	HIGH level
3 SERIES 3 SERIES 3 SERIES	3 SERIES 3 SERIES 3 SERIES	3 SERIES 3 SERIES 3 SERIES
8 rep.	10 rep.	18 rep.

1 MINUTO DE PAUSA | 1 MINUTE DE PAUSE | 1 MINUTE PAUSE

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14

Projects:

